

SPRING TERM 2014

THIS TERM WE ARE FOCUSING ON:



HEALTHY LIVING



BIO DIVERSITY



ENERGY



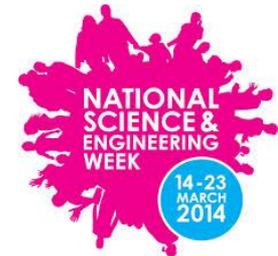
HEALTHY LIVING:

- You can keep healthy and help the environment by walking instead of taking the car
- Walking is good exercise and has no carbon emissions
- Make sure your school is signed up for Walk to School week in May 2014
- How many steps do you walk each day?
 - How could you do more steps?



BIO DIVERSITY:

- Why not take part in National Science and Engineering Week - 14th 23rd March 2014.
 - This years primary school theme is explore the future.
 - Attached is a science week project you might like to try linked in with the water cycle.



ENERGY:

- Did you know -
 - A photocopier left on standby overnight wastes enough energy to make 30 cups of tea.
 - The clock on a microwave can use more energy than heating the food does.
 - Classroom lights left on overnight use enough energy to heat a house for a almost 5 months
- Coming up on Saturday 29th March 2014 is Earth Hour.
 - Could you have an Earth Hour at school?
 - How much energy do you think you would save?
 - Do you turn the lights out when you leave the classroom?
 - What else could you switch off at playtimes or end of school light monitors in your classes?



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TEACHER HINTS



HEALTHY LIVING

- Walk to school week web site is - <http://www.livingstreets.org.uk/walk-with-us/walk-to-school>
- Perhaps the children could borrow pedometers and see how many steps they do each day
 - Could they be encouraged to do more steps and what ideas do they have to increase their steps
- Could the school plan a car free day during this week to encourage walking to school?



BIO DIVERSITY

- National Science and Engineering Week 2014 is being held 14th-23rd March. Their website has lots of ideas for their primary school theme of explore the future - <http://www.britishtscienceassociation.org/years-nsew> .



ENERGY

- Earth Hour is a great opportunity to encourage everyone to switch off appliances and do something else.
- Could they do it in school as well as at home?
- Can they think about activities they could do if they switched off all appliances at home - e.g. play board games by candle light instead of watch the television.
- The Earth hour web site has lots of ideas and more information - <http://www.earthhour.org/>